

<b>ROUTE MAP - DEL DIOS ( BLUE) COURSE - 37 MILES</b>	<b>Total Miles</b>	<b>Elev. in feet</b>
<b>START - Left</b> out of MiraCosta College onto Manchester Ave.	0.0	20
▶ <b>Right</b> at Manchester Avenue & El Camino Real (ECR)	0.4	78
<b>Straight</b> on Manchester - Becomes Rancho Santa Fe Rd. at Encinitas Blvd.	2.0	112
<b>Merge Right</b> from Rancho Santa Fe Rd. at Olivenhain Rd.	4.6	134
▶ <b>Right</b> onto San Elijo Rd.	7.3	434
▶ <b>Right</b> onto Elfin Forest Rd. <b>Single File ONLY</b>	8.8	611
<b>CAUTION - SHARP LEFT TURN at bottom of steep hill where Elfin Rd. turns into Harmony Grove Rd.</b>	11.6	383
▶ <b>Right</b> on Harmony Rd. Bend - <b>at Stop Sign</b>	15.9	613
▶ <b>Right</b> on Harmony Grove & Industrial - <b>at Stop Sign</b>	16.3	635
<b>SAG STATION #1 &gt; Right into CHURCH OF GOD PARKING LOT</b>	<b>16.5</b>	<b>618</b>
▶ <b>Right</b> out of SAG on Harmony Grove	16.5	618
▶ <b>Right</b> on Hale St.	16.6	621
▶ <b>Right</b> onto Avenida del Diablo	17.0	637
◀ <b>Left</b> onto W. Citracado Pkwy.	17.3	638
▶ <b>Right</b> onto West Valley Parkway - <b>Highest Point on Blue Course - 701'</b>	17.7	700
W. Valley Parkway becomes Del Dios Highway at W. Via Rancho Pkwy.	18.4	592
Del Dios becomes Paseo Delicias at Camino Del Norte	25.3	203
◀ <b>Left</b> onto Via De La Valle ( <b>S6</b> ) at <b>Stop Sign (45° angle)</b>	26.5	237
<b>Straight</b> on Via Del La Valle - <b>CAUTION - Traffic heavy around I-5 and Del Mar Racetrack</b>	28.1	29
◀ <b>RIGHT</b> onto Pacific Coast Highway (HWY 101)	32.8	79
▶ <b>Right</b> at Chesterfield <b>at Stop Light</b>	35.6	44
▶ <b>Right</b> onto San Elijo <b>over RR tracks</b>	35.7	44
◀ <b>Left</b> onto Dublin	35.9	58
▶ <b>Right</b> on Manchester	36.1	108
<b>CAUTION - Merge and bear LEFT at bottom of hill</b>	36.3	46
<b>Straight</b> on Manchester past I-5	37.1	18
◀ <b>Left</b> Into <b>FINISH</b> at MiraCosta College	<b>37.8</b>	20