

<b>ROUTE MAP - DEL SUR (GREEN) COURSE - 66 MILES</b>	<b>Total Miles</b>	<b>Elev. in feet</b>
<b>START - Left</b> out of MiraCosta College onto Manchester Ave.	0.0	20
▶ <b>Right</b> at Manchester Avenue & El Camino Real (ECR)	0.4	78
<b>Straight</b> on Manchester - Becomes Rancho Santa Fe Rd. at Encinitas Blvd.	2.0	112
<b>Merge Right</b> from Rancho Santa Fe Rd. at Olivenhain Rd.	4.6	134
▶ <b>Right</b> onto San Elijo Rd.	7.3	434
▶ <b>Right</b> onto Elfin Forest Rd.	8.8	611
<b>CAUTION - SHARP LEFT TURN</b> at bottom of steep hill where Elfin Rd. turns into Harmony Grove Rd.	11.6	383
▶ <b>Right</b> on Harmony Rd. Bend - <b>at Stop Sign</b>	15.9	613
▶ <b>Right</b> on Harmony Grove & Industrial - <b>at Stop Sign</b>	16.3	635
<b>SAG STATION #1 &gt; Right into CHURCH OF GOD PARKING LOT</b>	<b>16.5</b>	<b>618</b>
▶ <b>Right</b> out of SAG on Harmony Grove -	16.5	618
▶ <b>Right</b> on Hale St.	16.6	621
▶ <b>Right</b> onto Avenida del Diablo	17.0	637
◀ <b>Left</b> onto W. Citracado Pkwy.	17.3	638
▶ <b>Right</b> onto West Valley Parkway - <b>Highest Point on Blue Course</b>	<b>17.7</b>	<b>700</b>
W. Valley Parkway becomes Del Dios Highway at W. Via Rancho Pkwy	18.4	592
Del Dios becomes Paseo Delicias at Camino Del Norte	25.3	203
◀ <b>Left</b> onto Via De La Valle (S6) at <b>Stop Sign (45° angle)</b>	26.5	237
◀ <b>Left</b> onto <b>CALZADO DEL BOSQUE</b> at <b>Stop Light</b>	<b>28.1</b>	<b>29</b>
▶ <b>Right</b> onto Via de Santa Fe, becomes El Apajo	28.7	39
<b>SAG STATION #2 &gt; Right into CHURCH OF THE NATIVITY on El Apajo</b>	<b>29.4</b>	<b>18</b>
▶ <b>Right</b> onto El Apajo out of Nativity		
◀ <b>Left</b> onto San Dieguito Rd at <b>Stop Light</b> - 250 meters past SAG - Three Witches Hill Starts!	29.7	68
◀ <b>Left</b> onto Camino del Sur at <b>Stop Light</b> (after crest of hill on San Dieguito Rd.)	32.8	401
<b>Straight Ahead</b> on Camino Del Sur - becomes Camino Del Norte - becomes Twin Peaks - <b>Highest Point on Green Course</b>	<b>35.9</b>	<b>794</b>
▶ <b>Right</b> onto Pomerado Rd. & Twin Peaks	40.1	579
<b>SAG STATION #3 &gt; Right into CROSSPOINTE BAPTIST CHURCH (Pomerado &amp; Robison)</b>	<b>42.1</b>	<b>459</b>
▶ <b>Right</b> onto Poway Rd. - <b>CAUTION - Purple Course goes straight</b>	42.4	455
Poway & I-15 (Poway becomes Rancho Penasquitos Rd.)	45.0	397
◀ <b>Left</b> onto 56 Bike Trail - <b>CAUTION - LEFT TURN</b> from Rancho Penasquitos onto Highway 56 Bike Trail is across two lanes of traffic at bottom of hill!	45.9	556
▶ <b>Right</b> onto Camino Del Sur (exit 56 Bike Trail)	48.6	357
◀ <b>Left</b> onto San Dieguito Rd. <b>CAUTION TURN LEFT</b> on LEFT ARROW ONLY	51.9	373
▶ <b>Right</b> onto El Apajo	54.5	
<b>SAG STATION #4 &gt; GO 350 METERS and LEFT into parking lot at CHURCH OF THE NATIVITY (same as #2 @ 29 miles). CAUTION - This SAG Station is "Off Course". EXIT RIGHT from SAG - GO BACK to San Dieguito Rd.</b>	<b>54.8</b>	<b>26</b>
◀ <b>Right</b> onto San Dieguito Rd.	55.1	26
◀ <b>Right</b> onto El Camino Real - <b>CAUTION - narrow bridge 100 meters ahead!</b>	57.9	10
◀ <b>Left</b> onto Via De La Valle - <b>CAUTION - Traffic heavy around I-5 and Del Mar Racetrack</b>	59.6	45
◀ <b>Right</b> onto PCH (HWY 101)	60.6	77
▶ <b>Right</b> at Chesterfield at <b>Stop Light</b>	63.4	44
▶ <b>Right</b> onto San Elijo over RR tracks	63.5	44
◀ <b>Left</b> onto Dublin	63.8	58
▶ <b>Right</b> on Manchester -	63.9	108
<b>CAUTION - Merge and bear LEFT</b> at bottom of hill	64.1	46
<b>Straight</b> on Manchester past I-5	64.9	18
◀ <b>Left</b> Into <b>FINISH</b> at MiraCosta College	<b>65.6</b>	20